

Holding Families+

Support for parents in prison and their children

What we do

Early Break is a charity who works with children, young people and parents to improve people's emotional health and family life. We have worked with mothers in Styal to understand their needs and to develop the Holding Families+ project.

Are you

- A parent who has used/uses alcohol/drugs?
- Returning to live in Rochdale, Bury, Bolton, Salford or Trafford?
- Wanting to build on your relationship with your children?
- A parent wanting support for you and your family and children pre and post release?
- A parent who has other family members that would benefit from support?
- A parent who would like more information/or to speak to a Holding Families+worker?

For further information contact:

- The Women's Centre
- Probation Worker
- Substance Misuse Worker
- OMU

To make a referral contact:

info@earlybreak.co.uk/0161 723 3880