

# Family Services

Working together towards positive change

**Our 'Family Services' provide whole family support for children and family members affected by parental substance use. Interventions are centred around the voice of the child. We work with parents and carers at any stage of their recovery from drugs and alcohol use**

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We offer child-centred support addressing the individual family needs. Our holistic approach addresses substance use, emotional health and wellbeing and family relationships.

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# Holding Families+ Project

Holding Families+ Project supports children young people and families who are affected by parental drug or alcohol use and offending behaviour. The service is delivered to families living in Rochdale, Bury, Bolton, Salford, Trafford, Oldham and Blackburn with Darwen. We work with parents open to adult criminal justice systems and will provide community and prison based support.

The service recognises the multiple and complex needs of such parents, children and families and why alcohol (and other substances) may have been used previously. It aims to improve emotional and mental health and reduce family conflict to improve children and family outcomes in the short term and intergenerationally. Holding Families+ is a whole family approach which recognises the differing individual needs and aspirations of all family members.

**For more information about our Holding Families Programme, or to refer a family, please contact us directly on 0161 723 3880/[info@earlybreak.co.uk](mailto:info@earlybreak.co.uk)**

**To visit our Holding Families+ Project page on the Early Break website, please click [HERE](#).**

**80%**

**Improvement in school attendance**

**100%**

**Reduction in parents' self-harming behaviours**

To download a printable PDF version of the poster, please click on the poster image →



**Early Break**  
Young People & Family Service

**Holding Families+ Project**  
**Support to improve relationships for parents in prison, their children and wider family members**

**What we do**  
We work in partnership with substance using parents in prison or on community orders to understand their needs. Early Break is a charity who works with children, young people and parents to improve people's emotional health and family life. We have worked with mothers in Salford to understand their needs and to develop the Holding Families+ project.

**Are you**

- Wanting to build on your relationship with your children?
- A parent who has used/uses alcohol/drugs?
- Returning to live in Rochdale, Bury, Bolton, Salford, Trafford or Blackburn with Darwen?
- A parent wanting support for you and your family and children pre and post release?
- A parent who has other family members that would benefit from support?
- A parent who would like more information/or to speak to a Holding Families+ worker?

**For further information contact:**

- The Women's/Family Centre
- Health and Justice Team
- OMCU, Resettlement Team or Community Probation Officer
- Substance Misuse Worker

**To make a referral contact:**  
**[info@earlybreak.co.uk](mailto:info@earlybreak.co.uk)/0161 723 3880**

Registered Charity Number: 1220502 & Not-For-Profit Making Company Limited by Guarantee. Company Number: 0202058



# Holding Families Programme

The award winning Holding Families Programme provides whole family support for children and family members affected by parental substance use. We also work with families where the parents are on a community order with Probation. We offer support to parents and carers at any stage of their recovery from drugs and alcohol use.

We work with each family member separately and also as a family unit. We will work with families where there is at least one young person under the age of 18 living in the family home or where the substance using parent is pregnant. At least one of the parents should have problematic drug or alcohol use. Families can be referred by themselves or by any professional working with them.

The aim of the Programme is to give the whole family the opportunity to talk about any problems caused by drugs and alcohol and to allow the children's voices to be heard by the family. Ultimately, the Programme aims to empower families to make positive decisions on the changes they would like to make to help improve family life.

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**To visit our Holding Families Programme page on the Early Break website, please click [HERE](#).**

For more information that best suits your needs, please click on the image below:



**72%**

**Reduction in Domestic Abuse**

**82%**

**Improvement in children and young people's emotional health and wellbeing**



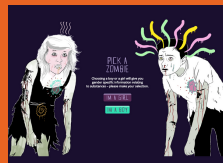
Like all charities, Early Break relies on the goodwill of volunteers and fundraisers to support them. If you would like to help Early Break at events, pre-event organisation, administration, corporate sponsorship, third party fundraising and much more, please get in touch.

If you would like to make a donation to our charity now which would be both appreciated and valued, please click [HERE](#).

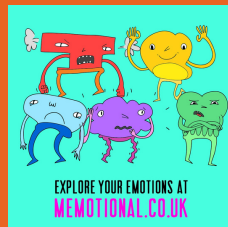
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[earlybreak.co.uk](http://earlybreak.co.uk)



For more information about drugs and alcohol visit our microsite: [dontbeazombie.co.uk](http://dontbeazombie.co.uk)



For more information about understanding emotions visit our microsite: [memotional.co.uk](http://memotional.co.uk)

