

## Holding Families+ Project

Support to improve relationships for parents in prison, their children and wider family members

## What we do

We work in partnership with substance using parents in prison or on community orders to understand their needs. Early Break is a charity who works with children, young people and parents to improve people's emotional health and family life. We have worked with mothers in Styal to understand their needs and to develop the Holding Families+ project.

## Are you

- Wanting to build on your relationship with your children?
- A parent who has used/uses alcohol/drugs?
- Returning to live in Rochdale, Bury, Bolton, Salford, Trafford or Blackburn with Darwen?
- A parent wanting support for you and your family and children pre and post release?
- A parent who has other family members that would benefit from support?
- A parent who would like more information/or to speak to a Holding Families+worker?

## For further information contact:

- The Women's/Family Centre
- Health and Justice Team
- OMU, Resettlement Team or Community Probation Officer
- Substance Misuse Worker

To make a referral contact: info@earlybreak.co.uk/01617233880

