**Role Outline**

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| **Role Name** | **Emotional Health and Wellbeing Worker (Development Opportunity)****Bury Mental Health Support Team (MHST)** |
| **Key Focus/Role Purpose** | This is an exciting opportunity for someone to develop their skills and experience in supporting Children and Young People’s mental health. Based in schools and colleges across Bury, we are looking for a passionate worker who is keen to develop their skills and experience by undertaking training opportunities as provided by the partnership to support the delivery of the Bury Mental health Support Team. The right candidate will enhance their skills and evidence base to support the delivery of effective 1:1 emotional health and wellbeing support with children and young people with emotional health and wellbeing needs across education settings and the community in Bury.Working as part of a multi-disciplinary team to support young people within allocated schools and support education colleagues via delivery of the MHST core functions.The expectation is that the successful candidate will have experience of working a child mental health and will complete evidence based training to support with delivering the core functions of the MHST offer:* **Low intensity Interpersonal Psychotherapy informed work (IPC/IPT)**
* **Triple P (Seminars and Fearless)**
* **Emotion coaching**
* **Low-level cognitive behaviour therapy interventions**
* **Other relevant training as identified by the partnership**

(please note all training is funded in the role) |
| **Salary**  | Development role (12-months in the first instance):**Scale Point 5- £24801** On successful completion of development role (after 12-months): **Scale Points 7-11- £26648- £29959** |
| **Role Size** | 2 x Full Time post(s) available across the Bury locality |
| **Minimum Qualifications** | Hold a relevant professional qualification to degree level related to work with children and young people with post-qualification experience.Experience of emotional health and wellbeing/ mental health support with children or young people |
| **Additional**  | Experience of working with children and young people who have social, emotional and/or behavioural difficulties, anxiety and affective (mood) disorders, and experience in the delivery of specific therapeutic interventions.Working knowledge of the education system in England. |
| **Reports to** | Operational Management team (Matrix management via Pennine Care Foundation Trust and Early Break) |

**Core functions of Mental Health Support Teams (MHSTs)**

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| The MHSTs will deliver 3 core functions: Delivering evidence-based interventions for children and young people with mild-to-moderate mental health problems  | Supporting the senior mental health lead in each education setting to introduce or develop their whole school/college approach  | Giving timely advice to school and college staff, and liaising with external specialist services, to help children and young people to get the right support and stay in education  |

**Key Deliverables for the role:**

1. Support Children and Young People with emotional health and wellbeing needs and offer them appropriate assessment, consultation, interventions and/or support them into the wider Mental Health Support Team, CAMHS Single Point of Access, Early Break core services or other service provisions.
2. Working as part of a multi-disciplinary Mental Health Support Team alongside Pennine Care Foundation Trust colleagues to support emotional wellbeing of students across allocated schools.
3. Support and encourage young people to take on board safety messages as regards risk taking behaviour and own vulnerability including self-injury, offending behaviour, CSE, CCE and other.
4. Prepare, plan and deliver education sessions and group work to young people in education settings or the community as per need.
5. Adhere to the Mental Health Support Team and Early Break policies on Safeguarding including identification and referral, as well as participating in any subsequent action in relation to these.
6. Work with a range of partners in ensuring seamless access to support for children and young people.
7. Maintain and update levels of knowledge and understanding of issues relevant to young people’s lives through reading, eLearning and training offered by the Mental Health Support team, Early Break and other agencies, as opportunities arise.
8. Ensure all necessary administration/sessional recordings are complete, including maintenance of Paris database.
9. Contribute to monitoring and evaluation of the work of the role and the Service.
10. Implement Service Health and Safety Policy/Service Guidelines including risk assessments.
11. Attend relevant internal and external meetings supportive to the role.
12. Engage in professional development opportunities and training as required by the role.
13. Have an understanding of and the ability to maintain confidentiality.

**Key Knowledge, Skills and Experience**

* *Desired*: Hold a relevant professional qualification relevant to work with children and young people
* *Desired:*  Experience of working with children and young people
* The ability and understanding to be a “fearless presence” in your work with clients and colleagues
* Skills and ability to engage and motivate young people
* Ability to work in an innovative, multi-disciplinary team with NHS and voluntary sector colleagues
* Previous experience of delivering outreach session in non-traditional settings
* Ability to provide training/information sessions
* Ability to network effectively with other workers from a range of services
* Experience and ability to review, record and report on work undertaken
* Well-developed interpersonal and relationship building skills, including the ability to form effective working relationships
* Excellent communication skills, both written and verbal, and including computer literacy and to be technology aware
* Well-developed organisational skills in managing deadlines, timetables, multi-tasking and setting priorities, taking responsibility for own time management
* Communicate effectively, in a style appropriate to audience
* Ability to write and interpret reports
* Good understanding of and the ability to communicate with others about, the Early Break philosophy and theoretical basis as an organisation and its underpinning values
* Experience of delivering targeted early intervention services and outreach

**Along with all Service workers you will, in the course of normal activities:**

* Contribute to the maintenance of an ethos in which all workers, clients and all in contact with Early Break are valued and shown respect.
* Ensure that Early Break is represented in a professional manner at all times.
* Assist in the development of new ideas and initiatives, where appropriate.
* Contribute to implementing a robust Equal Opportunity/Anti-Discriminatory practice framework for the Service.
* Take on Health and Safety responsibilities, as designated by the Chief Executive.

**For any enquiries, please contact:** **info@earlybreak.co.uk** **or call 0161 723 3880**